

Daily Check-In Services

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In situations where an older client lives alone in a senior citizens apartment or other “group living” facility, Generations can arrange for daily “check-in” services with a group of clients. In such cases, Generations will take responsibility for enrolling at least 5 clients for the daily “check-in”, during which our CHHA will visit each client at the facility to ensure medications have been taken, that personal grooming needs are met and that the client is in sound condition.



Home Care Services

Medication reminders

Our CHHA can ensure the client takes her/his medication as prescribed.

Personal care

The CHHA will help, as appropriate, with bathing, toileting and personal grooming.

Exercise regimens

Ensuring a proper program of exercise can be a daily highlight for the client.

Light housekeeping

While the CHHA is NOT a housekeeper she/he will do some light housekeeping and laundering.

Basic errands

By arrangement, the CHHA can run simple errands such as grocery shopping or accompanying the client to the bank or drug store, etc

Companionship

Frequently this is the most critical function for the CHHA, from chatting to playing board games to specially designed mental acuity and memory exercises. It entails being someone reliable, patient, supportive and caring, someone who can fill-in for the family or primary caregiver.

Meal preparation

While the CHHA is not primarily a chef she/he will do some light meal preparation; ensuring proper nutrition can be very important to clients.

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